

Rules and Regulations

The rules and regulations at XL Soccer World have been devised with simplicity, continuity, and enjoyment in mind. Apart from some necessary modifications, they are the same as FIFA rules used worldwide in outdoor soccer. The following exceptions apply:

REGULATIONS

1. All players must sign the XL Soccer World Waiver Exclusion Clause or the XL Soccer World Team Roster Form.
2. Participation in the XL Soccer World is entirely at the player's risk, and we accept no responsibility for any direct or consequential loss, damage, or injury.
3. Teams will consist of five (5) field players plus one (1) goalkeeper – i.e. 6 vs. 6. In U10 and younger divisions, this will be six (6) field players plus one (1) goalkeeper – i.e. 7 vs. 7.
4. The minimum number of players to start a game is four (4). A team with insufficient players after five (5) minutes from the scheduled game time will forfeit the game. The referee, at his discretion, may allow additional time for players to arrive.

A team with insufficient players may pick up players registered with XL Soccer World, only if agreeable with the opposing team.

Any Team fielding non-registered players without prior permission from XL Soccer World will be subject to forfeit.

5. Game times will be two (2) twenty-three minute halves. A two (2) minute break will be allowed at half time.
6. All players must wear indoor shoes or sneakers. No turf shoes, molded cleats or studded cleats will be allowed.
7. Shin guards are mandatory for all ages and skill levels. NO EXCEPTIONS. Failure to comply with this rule during the game will result in a two (2) minute penalty for the individual in violation. The player will not be allowed to resume play until they comply with this rule.
8. In case of conflict of uniform color, the home team will be responsible for changing.
9. The home team is responsible for the game ball.
10. Only team players and up to three (3) coaches are allowed on the player's side during the games.
11. Team standings will be based on the following point system:

WIN:	3 points
TIE:	1 point
LOSS:	0 point

Ties in standing will be broken by:

1. Head to head results
2. Most wins
3. Goal differential
4. Most goals scored
5. Least goals scored against

12. Forfeit games will be treated as a 4-0 win/loss.
13. Protests will not be allowed on a referee's decision.
NOTE: The referees at XL Soccer World do the very best they can. Due to the nature of the game, speed of the game, angles, etc., they will miss some calls. It's inevitable. They do not need any verbal or physical abuse from the players, coaches, or fans. Please do not complain to the concessions staff about the referee's decisions. Constructive comments will be handled by the Office Staff weekdays at 859-2997.
14. Coed teams, at the least, must either have one (1) female player or one (1) male player over 50 years old on the field at all times or play with one player less on the court than the opposing team, if neither a female player nor a male player over the age of 50 years is on the court. Failure to follow this rule will result in a forfeit loss against the offending team.

RULES

1. The home team will kick-off at the start of the game.
2. On kick-off, the ball may be played forward or backward.
3. All kicks, except the kick-off and goal kick, are direct and may result in a goal.
4. On a free kick or kick-in, the attacking team may take the kick as soon as the ball has been spotted at the correct place on the court.
5. When a free kick, kick-in or a kick-off is being taken, the defending team, without summons from the referee, must take a position at least three (3) yards from the ball. Failure to do so will result in a two (2) minute penalty.
6. The offside rule is NOT in effect.
7. Field players may not slide tackle. Slide tackling will result in a free kick and a yellow card/two (2) minute penalty against the offending player.
8. Slide tackling is legal by the goalkeeper only and must be initiated from within the penalty area. Outside the penalty box, the goalkeeper becomes an additional field player and may not slide tackle. Violations will result in a yellow card (2 minute penalty) and a free kick for the opposing team from the point of the foul. A field player will be

- designated by the coach or the team captain to serve the yellow card (2 minute) penalty in place of the goalkeeper.
9. Free substitution is allowed on the fly as the game is in progress. The player must be off the field before the substitute comes on. Infringements will result in a two-minute penalty and a free kick from the offending team's (dot in the) defensive line.
 10. If the ball gets jammed or lodged between players against the boards, if the game had to be stopped for an injury or if the referee cannot determine possession after a restart, the referee may award a drop ball at his discretion.
 11. The ball may be passed back to the goalkeeper by a field player and the goalkeeper may pick the ball up with his hands if the ball is inside the goalkeeper area. A goalkeeper may retain possession of the ball for a period of five (5) seconds. A violation (wasting time) will result in a free kick for the opposing team from the defensive area line.
 12. Three line violation: Kicking the ball over the three lines (defensive line, center line and opposite defensive line) in the air, without touching a player, the field, or the boards. A three-line violation results in a direct free kick for the opposing team. The free kick will be taken from the (dot in the) defensive area line of the offending team. The offending team is allowed to place a wall on the short line with the dot, located three (3) yards away from the defensive

area line, between the defensive area line and their own goal.

13. Ball touches the end line netting:
 - a. Defensive player kicks the ball over the tall boards – results in a free kick from the (white dot in the) defensive area line, for the attacking team.
 - B. Attacking player kicks the ball over the tall boards on the defending team's end – results in a goal kick for the defending team.

14. Ball touches the side netting: When a player kicks the ball into the net over the short boards the ball is considered out of play. The team that did not touch the ball last before the ball touched the net will restart the game with a direct kick, to be taken three (3) feet from the boards nearest the point of contact.

15. Ball touches the top netting:
 - A. Defender kicks the ball to the top netting in the defensive third - results in a direct free kick for the attacking team from the defensive area line of the defending team, at the white dot.
 - B. Attacking player kicks the ball to the top netting in the offensive third – results in a goal kick for the defending team.
 - C. Player kicks the ball to the top netting in the middle of the field – results in a direct free kick below the point of contact for the opposing team.

16. Two (2) minute penalty/yellow card: The player is sent off the field for two minutes. When two minutes have expired or if a goal is scored against the penalized players team before the two-minute penalty has expired, the player is allowed to re-enter the game. Two-minute infringements are: slide tackling, boarding, rough play, verbal and abusive language, dissent and repeated offenses by either a player OR team over short or longer periods in the match. Repeated offenses by a team will result in a yellow card for the last player committing an offense. On a yellow card offense for a goalie, a field player, designated by the coach or team captain, may serve the penalty

17. Five (5) minute penalty/red cards: There is a mandatory five (5) minute penalty for red card offenses. No player will be allowed to enter the field as a replacement until the five minutes are over, even if a goal is scored. Red-carded players will be suspended for the next game. A player receiving two red cards in the same game will be asked to leave the facility and will also be suspended for the next match. Repeated red cards in a season may result in the possibly permanent expulsion from the facility. Five minute penalty offenses are: Two (2) yellow cards in the same match, violent or dangerous play including throwing oneself towards an opponent or attacking an opponent violently, tackling, throwing or tripping an opponent into the boards or the goal. On a red card for a goaltender, the goaltender will have to serve the five (5) minute penalty and the backup goalkeeper or a field player

will have to go into goal.

18. **Delayed Penalties:** Any yellow (2 minute) or red card (5 minute) penalty call may be delayed if it is to the advantage of the attacking team for play to continue. The play continues until the offending team touches the ball or the attacking team scores. If the attacking team scores while a delayed penalty is active, the delayed penalty is waived but the offending player is still booked by the referee. If the delayed penalty is a red card offense, the penalty is not waived even if the attacking team scores a goal during the delayed penalty time. If the attacking team scores or the offending team touches the ball, the offending player will be booked and the offending team will play short for 5 minutes following the delayed penalty call. During a delayed penalty, the offending team cannot score.

19. **Personal Penalties:** A personal penalty (2 +10 minutes) is called when a player or a member of the team staff is guilty of unsportsmanlike behavior. Unsportsmanlike behavior implies: Behaving in an insulting or unfair way towards referees, players, team staff, officials or spectators, displaying any simulating action intended to deceive referees, intentionally abusing equipment, even during interruptions or in the team zone or the penalty box.

In a personal penalty situation, the offending player as well as the player's team is affected. During the first two minutes of the penalty, the offending team plays with a player less on the court. After the first

two minutes are expired, the offending team will go back to full strength while the offending player will serve the remaining ten minutes of his penalty. If a goal is scored against the short handed team during the first two minutes of the penalty, that part of the penalty expires, the team goes back to full strength, and the ten minute part of the personal penalty begins for the offending player.

XL Soccer World facility rules are posted throughout the building. If you cannot follow these rules, you will be asked to leave.

The concession staff is there for the purpose of serving refreshments to our clients, taking registrations and payments. Any complaints regarding schedules, the result of a game, referees, etc must be taken up with the Office Staff. Please call the office on weekdays at 859-2997